February 2011—Training Events

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|--------------------------|-----------------------------------|-----------------------------|-----|-----|-----|
| Peninsula VIRGINIA medical reserve corps | | 1 CPR Health Care Provider | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 CPR Health Care Provider | 16 PenMRC Orientation | 17 | 18 | 19 |
| 20 | 21 CPR Non-Medical | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | | | | | |

Training Schedule of Events—please provide MRC with certificate upon completion

~2/1—8 am—1 pm CPR for Health Care Providers—Mary Immaculate Health Ed Room

~2/15–8 am—1 pm CPR for Health Care Providers—Mary Immaculate Health Ed Room

~2/16-10am—12pm—Peninsula MRC Unit—416 J. Clyde Morris, Blvd., 2nd Floor, NNews

~2/21-8 am—1 pm CPR for Non-Medical—Heartsavers—Mary Immaculate Ed Room

Dates To Be Determined—Classroom offerings:

- ~First Aid with Peninsula Health Center,
- ~Psychological First Aid,
- ~ICS-100.x

Special Note: Due to the volume of activities inside of the PenMRC office, training reminders are not sent. If you have clicked available in the training opportunity email alert, or signed up for the course via TRAINVirginia, please mark your calendar. Your name is automatically added to the roster and the instructor is expecting you. Please withdraw in train (if you have an account), or email the PenMRC to cancel. Thanks for your understanding.



'Training is the Gateway to Serving' and builds confident and competent volunteers.